Mesotherapy is fast becoming a formidable weapon against fat and cellulite. It is a simple office procedure that uses microinjections of medications into the fat cells. The fat is then eliminated and metabolized in the body. It has been used by over 50,000 physicians worldwide and has now been introduced to the U.S., with a handful of doctors now being certified to administer this treatment. Recent studies conducted in the U.S. have confirmed its safety and effectiveness, resulting in significant enthusiasm amongst the medical community.

A mixture of natural and prescription medications is injected via a tiny needle into the fat or cellulite. This actually melts away unwanted fat and the connective tissue septal bands that cause cellulite. Treatment can result in the loss of dress sizes and inches off the waist. It can reduce fat in the hips, thighs, “love handles”, back, chin “saddle bags” and lower eyelids. Some patients see results after one or two treatments, while other require five to seven treatments before they are satisfied. The results are typically maintained as long as significant weight is not gained. It has been shown to be extremely safe. Side effects are limited because the medications are delivered directly to the target area. Mild localized burning and bruising is common and the area is sore for a number of days as the destruction of fat causes inflammation in the area. There is not the risk of unevenness that occurs with liposuction and it can be used to correct such problems.